



Junio 2025

HORARIOS DE CLASES

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
07:00 - 08:00	Fitness Force	Fitness Force	Funcional	Funcional	Fitness Force	
08:00 - 09:00	Funcional	Bungee	Fitness Force	Fitness Force	Funcional	
09:00 - 10:00	Bungee	Funcional	Bungee	Spinning	Bungee	Bungee
10:00 - 11:00	Funcional Spinning Force	Fitness Force	Funcional	Bungee	Spinning Force	Fitness Force
11:00 - 12:00	Fitness Force	Bungee	Fitness Force	Funcional	Fitness Force	Funcional
12:00 - 13:00	Bungee Funcional	Spinning	Bungee	Fitness Force	Bungee	Funcional
15:00 - 16:00	Fitness Force	Funcional	Fitness Force	Funcional	Fitness Force	
16:00 - 17:00	Funcional	Fitness Force	Funcional	Fitness Force	Funcional	
17:00 - 18:00	Spinning Force	Funcional	Spinning	Bungee	Bungee	
18:00 - 19:00	Fitness Force Bungee	Funcional	Funcional	Funcional Spinning Force	Funcional Spinning	
19:00 - 20:00	Funcional	Bungee Fitness Force	Bungee Fitness Force	Fitness Force	Fitness Force Bungee	
20:00 - 21:00	Bungee	RisoFit Spinning	RisoFit Fitness Force	Bungee	Funcional	
21:00 - 22:00	Fitness Force RisoFit	Bungee Funcional	Bungee Funcional	Funcional RisoFit	Fitness Force	

SALA BUNGEE

SALA MULTIUSOS EMS

SALA SPINNING

FORCE = CON EMS
FUNCIONAL= SIN EMS

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